



the Spirit

APRIL 6/7, 2019



life together

Here we go, a month of celebration

This weekend we welcome the Rev. David Wangaard as the guest preacher. The Wangaard family name is on the cornerstone as one of the founding families of Central.

Rev. David Wangaard serves as senior advisor for Church and Congregational Relations for Lutheran World Relief. David was born in Bloomington, Minn., attended St. Olaf College in Northfield, and in 1983 graduated from Luther Theological Seminary in St. Paul. Rev. Wangaard has served parishes in Teller and Brevig Mission, Alaska; and Baudette, Moorhead, and St. Paul, Minn. From 2001 to 2011, Rev. Wangaard served as bishop's associate for Urban and Multicultural Ministry in the Minneapolis Area Synod of the ELCA. In 2012, David moved to Baltimore to serve First Lutheran Church in Ellicott City as interim senior pastor. In 2014, David began his call at Lutheran World Relief. David is married to the Rev. Susan Tjornehoj who serves as senior pastor of Christ Lutheran in the Inner Harbor of Baltimore. They have one daughter, Ingrid who is a third-grade school teacher in St. Paul. David is dear to Central, having served at the synod office and at that time serving with members and staff Pat Hansen and Sara Masters.



Next weekend we gather to celebrate Palm Sunday and the invitation to each of the worship services experienced over the three great days. In two weeks, it is Easter Sunday, the primary celebration in the life of the church. On Sunday, April 28, nine confirmands will affirm their baptism at the 10:30 a.m. worship service. Then on May 4, 5 and 6 we will gather to celebrate the main anniversary weekend in worship and at the anniversary banquets.

You will not want to miss worship or any of the celebrations over the next five weekends. We gather to give thanks to God for all the ways God has called, gathered, enlightened and blessed Central Lutheran Church.

Yours in Christ Jesus,
Pastor Peter

100th Anniversary Weekend Banquets

Central's 100th Anniversary celebration will reach its peak over the weekend of May 4, 5 and 6. There will be a festive worship along with catered anniversary banquets. On Saturday evening, May 4, the elegant event features a reception with passed appetizers, a champagne toast to Central and a delicious meal served family style. Central member and Augsburg University president Dr. Paul Pribbenow will give a keynote message. A jazz quartet will provide musical entertainment, and a dance floor will be available. On Sunday, May 5 at 11:45 a.m., former Central member and published author Greg Bancroft will speak at the family-friendly banquet. A violin/harp duo will provide music. On Monday, May 6, worship is at 11:00 a.m., featuring festive worship with a unique walk down memory lane, and the catered meal at 11:30 a.m.

Thanks to Central Lutheran Church Foundation for underwriting the Saturday and Sunday banquets; tickets are just \$15 for adults. Kids 12 and under eat free. Tickets are available online and are available at the welcome desk on Saturday and Sunday. There is no charge for the Monday banquet.

Holy Week and Easter Worship

The Great Three Days

- Maundy Thursday Holy Communion - April 18, 7:00 p.m.
- Good Friday Adoration of the Crucified - April 19, 12:00 p.m. and 7:00 p.m.
- Great Vigil of Easter, Holy Saturday, April 20, 7:00 p.m. (no 5:00 p.m. service)

Resurrection of Our Lord

Sunday, April 21

- First Light Devotions in the Columbarium at 7:30 a.m.
- Easter Festival Choral Eucharist (with Choir) at 8:30 and 10:30 a.m.
- Coffee and donuts at 7:30 and 9:30 a.m.

worship and formation

Guide to Prayer

Listening for God

The season of Lent began on Ash Wednesday, March 6. Jesus invites us to listen for God's love in our lives and to align our inner and outer lives by that love. Before the conflict in the reading, we witness a pure moment of love returned to Jesus:

"Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume." (John 12:1-3)

Listening to your life

Pause for a moment each day, light a candle to welcome the presence of Christ. How do you experience God's love in your life right now? Where are you called to share God's love, to return God's love to all the people and moments that God has made, renewed and sustains in love? What might a life that "anoints" all that God loves look like for you? Offer all of this to God in daily prayer.

Sunday Morning Adult Formation

Faith Stories – Our Lenten Journey

Sundays, 9:30 a.m., lower narthex

This weekend we continue to celebrate faith stories, gathering to hear a fellow member share their story as a way to honor one another and see how we are connected in faith. We will also have time for you to connect, reflect and ask questions of each of our fellow members. Hearing one another's faith stories opens us to God and to one another in remarkable ways.

Here is the schedule for the Sunday adult faith formation hour faith stories:

- Sunday, April 7 – Roger Lilleodden
- Sunday, April 14 – Pastor C leads an introduction to Holy Week
- Easter Sunday, April 21 – No adult learning time

Wednesdays in Lent

The Creeds theme and faith stories also guide our Wednesday mid-day prayer and help shape the evening prayer experience.

12:15 p.m. - Service of Word and Prayer, and faith story from Ben Longman

12:45 p.m. - Light lunch follows service (soup, bread and salad)

1:00 p.m. - Dwelling in the Word Bible Study

4:00 - 8:00 p.m. - Prayer stations; prayer around the cross; labyrinth (in the sanctuary)

6:00 p.m. - Adult Faith Formation: The Creeds: The Church's Faith Story; Bell Choir rehearsal

7:00 - 7:30 p.m. - ELW Evening Prayer

7:30 p.m. - Central Choir rehearsal

High School Youth Lock-in

Saturday, April 13

Next Saturday, our high school youth are having a lock-in. Students are meeting at church at 10:00 a.m. Saturday for a day filled with learning and fun. We will host a guest from the House of Charity who will help us learn more about homelessness in our city—its causes and what we can do to participate in purposeful change. We'll spend the rest of the day playing and exploring the city—returning to Central in the early evening for dinner, games and fun. Sunday morning is our annual Peeps Extravaganza—Bible story dioramas made from Peeps. To sign up, visit with Larye Pohlman during the formation hour or contact Pastor Stephanie.

Baptism Orientation Discussion

Anticipating a baptism in your family? Complete the baptism request form on the website and attend the monthly baptism orientation discussion this Sunday at 11:45 a.m. You are welcome to bring your tray from the Sunday potluck lunch if you desire.

community

Does Your Faith Call You to Action?

Sign up sheets are available at the welcome desk to receive advocacy alerts to influence our Minnesota Legislators to address the critical problem of homelessness in Minnesota. Contacting lawmakers is a simple yet powerful way to be a change-maker addressing this critical issue. The alerts will provide you with a script that can be forwarded to your district lawmakers or you can craft your own message.

Mother-Daughter-Sister-Friend Breakfast

Saturday, May 11, 9:00 a.m., Edina Country Club
Experience Happiness is the theme for our 19th annual breakfast celebrating all women. Register at the welcome desk beginning April 14. The cost is \$25 for adults and \$15 for girls under 12. Menu choices are available at registration. This event is sponsored by Central's Circle of Friends and Normandale Lutheran's Priscilla Circle.

Central's Easter Garden

Central offers members and friends the opportunity to honor or remember loved ones by contributing to our Easter sanctuary decorations. It has been a longstanding tradition and you are invited to participate this year. Floral Guild will be available to take donations at the welcome desk after worship services on April 6/7. The cost is \$10 per plant. Forms and checks made payable to Floral Guild may also be mailed to Betty Reveling, 1548 Oberlin Circle S., Fridley, MN 55432. The plants will be distributed to our homebound members and friends following worship services on Easter Day, April 21 and the week after.

Young Adults Group

The Young Adults are planning to serve a feast of rich desserts and beverages at the Easter Vigil this year. If you are in that 20ish to 40ish age range, we would love to have you join us! Folks are gathering at church on Saturday April 20 at 4:00 p.m. to set up and prepare desserts. The Vigil is at 7:00 p.m. and desserts will be served around 8:30. We are a friendly and inclusive bunch who look forward to meeting you. If you have questions and want to learn more, contact Pastor Stephanie at sfriesen@centralmpls.org.

Lent Worship and Dinner with Tree of Life

Sunday, April 7, 6:00 p.m., 514 Studios, 514 N 3rd St., Ste. 101, Minneapolis
You're invited to evening prayer and dinner with lots of singing, candle lighting, silence and time for conversation. Take some time to pause and nourish your spirit before another week begins. Dinner is provided, with veggie and gluten free options available. Come as you are! Questions? contact Pastor Marissa at PastorMarissa@TreeofLifeMpls.org.

New and Potential Member Orientation Discussion

Are you considering joining Central? Are you a new member seeking to get more involved? Stop by the monthly new member discussion this Sunday the 11:45 a.m. You are welcome to bring your tray from the Sunday potluck lunch if you desire.



Sign up at the Welcome Desk

Here are the current things you can sign up for at the welcome desk:

- Anniversary Banquets
- OWLS Trip to Skyrock Farm and Carousel Museum
- Household Family Usher Team
- Central's Easter Garden
- Advocacy Alerts
- 100th Anniversary Logo Samples

Pastoral Care

When in need of pastoral care, please call the church office at 612-870-4416. In case of emergency on weekends and evenings, please call the church office and our after-hours answering service will connect you to the on-call pastor.

Bar Code on the Back of the "Spirit"

If the parking gates are down after worship, use the bar code on the back of the *Spirit* to exit the parking lot. Put the bar code up to the reader and it will open the gate. This only works when exiting.

100th Anniversary Logo Items Back by Popular Demand!

If you missed out on ordering 100th Anniversary logo apparel back in October, you have another chance.



Come to the welcome desk before or after worship to check out samples that are for sale online. To order, follow the link on our website. Store closes on April 17. Items will be delivered to the church by Anniversary weekend, May 4-6.

news and happenings

Prayer Shawl Knitters Group

Tuesday, April 9, 1:00 p.m., fireside room

Come and bring a knitting friend to share in this meaningful outreach ministry. Join us the second Tuesday of every month for a time of fellowship and refreshments and help make lovely warm shawls to be given free of charge to anyone needing comfort or healing. Bring your own yarn or limited supplies are also available. If you have questions, contact Bobbie Spradley at bobbiespradley@comcast.net or Eve Overby at epoverby@gmail.com.

ACTS Circle

Tuesday, April 9, 6:00 p.m., nativity

Any women who are interested in Christian fellowship and fun are invited to join the women of ACTS Circle for a light supper. Pastor Stephanie will meet with us to help define the upcoming educational offerings. Central's chef, Mark Carroll, will make a light meal for us at a cost of \$5.00. Please RSVP to host Carole Langehaug at 612-501-2796 so that we can plan for food.

A Different Kind of Book Club

Thursday, April 11, 1:30 p.m., nativity

This month we are reading "The Nightingale" by Kristin Hannah. This novel tells the story of two sisters in France during WWII and their struggle to survive and resist the German occupation. It celebrates the resilience of the human spirit and the durability of women. Discussion led by Glenn Nycklemoe.

OWLS Trip to Skyrock Farm and Carousel Museum

Wednesday, April 24

Join the OWLS in April for a trip to the Skyrock Farm and Carousel Museum in Hamel, Minn. Cost is \$30. Sign up at the welcome desk April 6/7. Payment at time of sign up is preferred. For more information, contact Vicki Bierlein at wandav885@gmail.com.

Because of you...

Thirty-three Central volunteers generously give of their time each Monday to work in the kitchen to provide a meal for our guests. On average, 180 people eat lunch together each Monday. The food is made by Chef Mark Carroll and the volunteers, paid for with funding from donations. Thank you volunteers and staff. Want to join the effort? Contact Karen Knox.

SUNDAY, APRIL 7

- 8:30 a.m. Worship
- 9:30 a.m. Sunday School
- 9:30 a.m. Confirmation and High School Youth
- 9:30 a.m. Adult Faith Formation
- 10:30 a.m. Worship
- 11:45 a.m. Potluck
- 11:45 a.m. Confirmation Scapular Making
- 11:45 a.m. Choristers' Rehearsal
- 11:45 a.m. Baptism Orientation
- 11:45 a.m. New/Potential Member Orientation

MONDAY, APRIL 8

- 10:00 a.m. Free Store Opens
- 10:00 a.m. Augsburg Central Health Commons
- 10:30 a.m. Mental Health Open Hours
- 11:00 a.m. Worship
- 11:30 a.m. Community Meal
- 12:00 p.m. Bible Study
- 12:00 p.m. StreetSong Rehearsal

TUESDAY, APRIL 9

- 10:00 a.m. Free Store Opens
- 1:00 p.m. Prayer Shawl Ministry
- 2:00 p.m. Staff Meeting
- 5:30 p.m. Personnel Committee Meeting
- 5:30 p.m. WelcomeLife Team
- 6:00 p.m. ACTS Circle
- 6:30 p.m. Global Mission Ministry Team

WEDNESDAY, APRIL 10

- 9:00 a.m. Emergency Rental Assistance
- 10:00 a.m. Free Store Opens
- 12:15 p.m. Lenten Mid-day Prayer
- 12:45 p.m. Lenten Luncheon
- 1:00 p.m. Bible Study with Preacher
- 6:00 p.m. Bell Choir
- 6:00 p.m. Adult Faith Formation
- 7:00 p.m. Evening Prayer
- 7:30 p.m. Central Choir

THURSDAY, APRIL 11

- 8:30 a.m. Street Voices of Change
- 10:00 a.m. Free Store Opens
- 10:00 a.m. Augsburg Central Health Commons
- 11:30 p.m. Fiscal and Property Committee
- 12:30 p.m. Emergency Rental Assistance
- 1:30 p.m. A Different Kind of Book Club

FRIDAY, APRIL 12

Building closed

SATURDAY, APRIL 13

- 10:00 a.m. High School Lock-in
- 5:00 p.m. Worship
- 5:45 p.m. Saturday Evening Fellowship

CENTRAL LUTHERAN
333 South 12th Street
Minneapolis, MN 55404
612-870-4416
centralmpls.org

"SPIRIT" SUBMISSIONS
Submit items for consideration
by Tuesday at 4 p.m. each
week for the upcoming issue
to smasters@centralmpls.org

PRAYER REQUESTS
prayers@centralmpls.org

Use this barcode to exit the parking lot after worship.

Member of the Evangelical Lutheran Church in America | www.elca.org
and the Downtown Congregations to End Homelessness | www.dceh.org