



# HOLY COMMUNION

*Blessing of youth journey*

*Choosing the better part:  
the visit with Mary and Martha*

Sunday, July 21, 2019  
10:30 am Sung Eucharist

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*Exploring the promise of God for all*

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## *Christ is the guest who comes to your door*

*Perhaps the church, at its best, is "all ears." Almighty God urges the faithful, again and again, to "listen up!" — to heed the word from above. So it was with Abraham and Sarah, with Mary and Martha, and the early church at Colossae. So it is today as we join the assembly to hear the word of God, the words of life.*

## GATHERING

*The Holy Spirit  
gathers us in unity on the  
first day of the week.*

### PRELUDE

Sonata in g minor, Op. 1, No. 10

G. F. Handel

*Andante - Allegro*

*The carillon calls the assembly to worship. At the sound of the bell the assembly stands to face the worship leaders at the back of the church.*

### THANKSGIVING FOR BAPTISM

- P** We bless you, almighty God, for the gift of water —  
for the oceans, for the rivers,  
for Mississippi and Missouri, for Minnehaha and Bde Maka Ska, and...  
for Superior and Saint Croix that you provide for our community.
- A** **We bless you, O God, for the waters of the earth.**
- P** We honor you, merciful God, for showering us with water —  
for the rain that nourishes the plants and trees.
- A** **We honor you, O God, for the waters you send.**
- P** We glorify you, gracious God, for the waters of baptism —  
For the water of the Jordan that washed our Lord Jesus,  
for the water that bathes the church universal.
- A** **We glorify you, O God, for the waters of baptism.**
- P** We worship you, O God, Father, † Son, and Holy Spirit,  
Well of forgiveness, you revive us,  
Cup of cold water, you refresh us.  
Pool of rebirth, you renew us.
- A** **To you comes the worship of all your people, now and forever. Amen.**

### PROCESSIONAL HYMN

"Dearest Jesus, at Your Word"

*(hymn) 520*

*stanzas 2 & 3 in harmony*

### GREETING AND PRAYER OF THE DAY

- P** The grace of our Lord Jesus Christ, the love of God,  
and the communion of the Holy Spirit be with you all.
- A** **And also with you.**



*God speaks to us in  
scripture reading,  
preaching, and song.*

*The Lord visits Abraham and Sarah  
to tell them that the long-awaited  
promise of the birth of a child will be  
fulfilled for them in their old age.*

*Sometimes Paul preaches with  
great attention to theological  
concepts. Here, however, Paul  
offers a mystical teaching, that  
the great mystery of God is  
"Christ in you." Because Christ  
is present in the church,  
Christians share in his life,  
suffering, and glory.*

**P** Let us pray.

Eternal God, you draw near to us in Christ,  
and you make yourself our guest.

Amid the cares of our lives, make us attentive to your presence,  
that we may treasure your word above all else,  
through Jesus Christ, our Savior and Lord.

**AI** Amen.

*The presider continues with words of welcome.*

## WORD

### CHILDREN'S WORD

*Children are invited to come forward; parents are welcome to come with their children.*

### READING

*The hospitality of Abraham and Sarah*

Genesis 18:1-10a

The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. <sup>2</sup>He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. <sup>3</sup>He said, "My lord, if I find favor with you, do not pass by your servant. <sup>4</sup>Let a little water be brought, and wash your feet, and rest yourselves under the tree. <sup>5</sup>Let me bring a little bread, that you may refresh yourselves, and after that you may pass on — since you have come to your servant." So they said, "Do as you have said." <sup>6</sup>And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." <sup>7</sup>Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. <sup>8</sup>Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

<sup>9</sup>They said to him, "Where is your wife Sarah?" And he said, "There, in the tent."

<sup>10</sup>Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

Word of God, word of life.

**AI** Thanks be to God.

### SECOND READING

*A hymn to Christ*

Colossians 1:15-28

*Paul writes to the church at Colossai:*

[Christ Jesus] is the image of the invisible God, the firstborn of all creation; <sup>16</sup>for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers — all things have been created through him and for him. <sup>17</sup>He himself is before all things, and in him all things hold together. <sup>18</sup>He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. <sup>19</sup>For in him all the fullness of God was pleased to dwell, <sup>20</sup>and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

<sup>21</sup>And you who were once estranged and hostile in mind, doing evil deeds, <sup>22</sup>he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him — <sup>23</sup>provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

<sup>24</sup>I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. <sup>25</sup>I became its servant according to God's commission that was given to me for you, to make the word of God fully known, <sup>26</sup>the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. <sup>27</sup>To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. <sup>28</sup>It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Word of God, word of life.

**AD** Thanks be to God.

### GOSPEL ACCLAMATION

*The assembly sings and welcomes the gospel, singing:*



*Jesus uses his visit to two sisters as an occasion to remind disciples that an important aspect of obedience is single-minded devotion to Jesus and his word.*

### GOSPEL

*Choosing the better part*

Luke 10:38-42

**P** The holy gospel according to Luke.

**AD** Glory to you, O Lord.

As [Jesus and his disciples] went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. <sup>39</sup>She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. <sup>40</sup>But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me."

<sup>41</sup>But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; <sup>42</sup>there is need of only one thing.

Mary has chosen the better part, which will not be taken away from her."

The gospel of the Lord.

**AD** Praise to you, O Christ.

### SERMON

*silence for reflection follows the sermon*

### HYMN OF THE DAY

*(hymn) 793*

"Be Thou My Vision"

### APOSTLES' CREED

**A** We have been made God's people through our Baptism into Christ. Living together in trust and hope, we proclaim our faith.

**AD** I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

#### PRAYERS OF INTERCESSION

*Each petition concludes:*

...hear us, O God;

**AD** your mercy is great.



*God feeds us with the  
presence of Jesus Christ.*

## MEAL

#### PEACE

**P** The peace of Christ be with you always.

**AD** And also with you.

*The assembly is invited to share God's peace with one another.*

#### GATHERING OF GIFTS

*The offering is gathered for the mission of the church, including the care of those in need.*

*During this time, the table is set. After the offering is gathered, bread, wine, money, and other gifts are brought forward. The assembly stands as the procession reaches the chancel.*

"Be Thou My Vision"

*arr. Mark Sedio*

#### Offertory Prayer

**A** Let us pray together.

**AD** God of all creation,  
you open wide your hand  
and satisfy the need of every living thing.

You have set this feast before us.

Open our hands to receive it.

Open our hearts to embrace it.

Open our lives to live it.

We pray this through Christ our Lord. Amen.

*The assisting minister pours out the wine.*

## GREAT THANKSGIVING

**P** The Lord be with you.

**AI** And also with you.

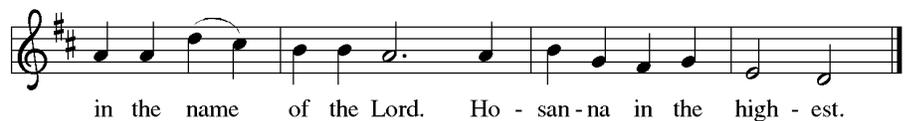
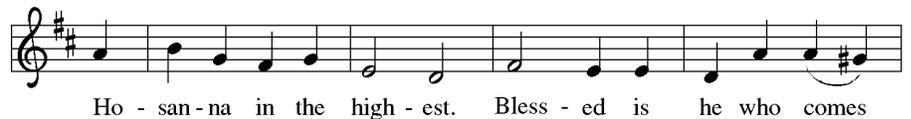
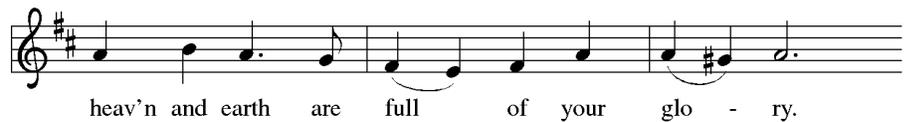
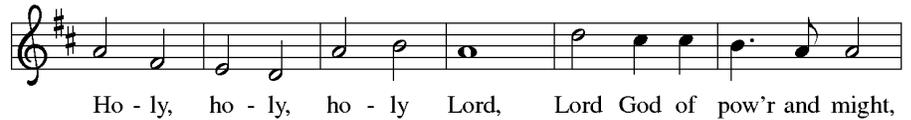
**P** Lift up your hearts.

**AI** We lift them to the Lord.

**P** Let us give thanks to the Lord our God.

**AI** It is right to give our thanks and praise.

**P** ...we praise your name and join their unending hymn:



*The presider continues with the Great Thanksgiving, concluding:*

### Lord's Prayer (1975)

**AI** Our Father in heaven,

hallowed be your name, your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours,

now and forever. Amen.

*All who come seeking Jesus are invited to receive these gifts of God.*

*Communion at this service is served standing. Please follow the directions of the ushers to a communion station.*

*Grape juice and gluten-free bread are available upon request. The benefits of the sacrament are fully present in either the bread or the wine, should health reasons prevent you from receiving one of them.*

*Children are welcome to receive communion or a blessing.*

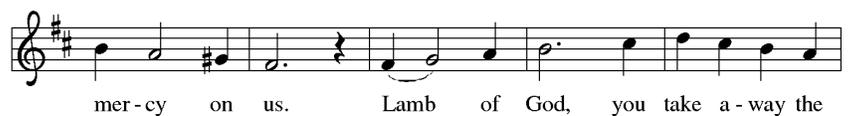
*Prayer after communion at the chancel kneelers is always welcomed.*

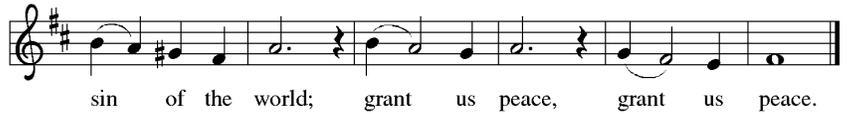
## Breaking of the Bread and Invitation to Communion

### Communion

"Lamb of God"

(ELW front) p. 154





sin of the world; grant us peace, grant us peace.

Song without Words, Op. 38, No. 6

Felix Mendelssohn

*silence for reflection concludes the Communion*

### Prayer after Communion

- A** Let us pray.  
Gracious provider,  
you nourish us with holy food and drink,  
and you open us up to the needs of others.  
Refresh us with your Spirit,  
that our words and deeds may proclaim  
your creative and life-giving Word,  
Jesus Christ our Lord.
- AD** Amen.

*God blesses us  
and sends us in mission to  
the world.*

*Join us for this week's carillon concert and  
food truck lunch on the North Patio.*

*Following worship coffee  
is served in the great room.*

*Brief sanctuary tours will be offered after  
this service. Meet a docent at the pulpit.*

## SENDING

### BLESSING OF YOUTH JOURNEY

#### BLESSING

- P** God almighty, God most powerful,  
bless you, keep you, and grant you peace;  
in the name of the Father, † Son, and Holy Spirit,  
bless you now and forever.
- AD** Amen.

#### SENDING HYMN

"You Servants of God"

(hymn) 825  
stanzas 1, 3 (harmony), & 4

#### DISMISSAL

*Please face the processional cross for the dismissal.*

- A** Go in peace. Love and serve the Lord.  
**AD** Thanks be to God.

*The carillon sends the assembly into mission.*

#### POSTLUDE

Fugue in C (Jig Fugue)

Dietrich Buxtehude

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## SERVING TODAY

Pastor Melissa Pohlman *presiding*  
Pastor Peter Nycklemoe *preaching*  
Tom Allen *assisting minister*  
Marit Lyle, Lois Wolff *readers reader*  
Brad Boogren *crucifer*

Mark Sedio *cantor*  
Jane Lien *associate cantor*  
Ian Snyder *violin*  
Lyle Anderson *carillonneur*

Mark Kieffer, Marc Wilson *sound operators*  
Sabiha Welijan, Samina Welijan *lead ushers for July*  
Varney Kiazolu, Karla & Charles Moline *hosts & greeters*  
Pastor D. Foy Christopherson *liturgy director*  
*docent*

**Chancel flowers this weekend** are given by the Floral Guild. If you wish to donate flowers, contact Judy Korogi 10 days in advance at 612-788-1288.

**Summer on the Plaza** continues this weekend. Plan to join us for lunch to support our summer carillon concert and food truck program.

*This service is being streamed live on the internet at [www.centralmpls.org](http://www.centralmpls.org).*



**Evangelical Lutheran  
Church in America**

God's work. Our hands.



**Large print service folders,**  
assisted listening devices, and access  
seating are available to aid your  
participation in worship.  
Please inquire with an usher.





## WELCOME TO CENTRAL

**You are welcome. No exceptions.**

Central Lutheran Church experiences God's expansive love and strives to share it abundantly. We affirm all people without regard to age, race, biological sex, housing status, ethnicity, sexual orientation, immigration, refugee or migration status, gender identity or expression, socioeconomic status, and physical or mental health or ability. All are a part of God's family, created in God's image. • We strive to practice radical hospitality with all people. Everyone is invited to immerse themselves in the life of this community of faith as we explore the promise of God for all. • Central Lutheran is a Reconciling in Christ congregation.

**Guests are welcome.** We are pleased you are worshiping with us today. We invite guests to complete the "Welcome to Central" card found in the pew racks and leave it with an usher or place it in the offering plate. If you would like more information about Central, please contact us at 612-870-4416, or email [info@centralmpls.org](mailto:info@centralmpls.org).

**Children are welcome** at all services. Worship bulletins for children and activity bags are available at Sanctuary entrances. The nursery may be found near the welcome desk. Nursery staff are provided on Sunday mornings.

**Welcome to the Lord's Table.** All who come seeking Jesus are welcome at the Lord's Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to persons in designated access seating areas. If you are not in a designated access seating area and desire to commune where you are seated, please notify an usher who will direct communion ministers to come and serve you. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. Gluten-free breads and alcohol-free wine are available by request at most liturgies from most communion stations.

**Welcome to the Holy Baptism.** All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. A pastor will contact you.

**Friends of Central...Stay connected**

Across the country and beyond there are many people who have a soft spot in their heart for Central Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you're one of them, we invite you to join our network of Friends of Central. Pick up a brochure or visit our website for more information or to join.

**Electronic Giving Opportunities:** Online at [www.centralmpls.org](http://www.centralmpls.org) click on **Give Today**; or text 73256, enter code word *centralmpls* (lower case), and a numerical amount. Press send and fill in the details. All contributions from members and guests will appear in a contribution statement. WIFI is available as *Central Lutheran* (password *guestclc*). If you give electronically, use the green pew card to drop in the offering plate instead of an envelope. The ministries and mission of Central Lutheran are supported by givers like you. Questions? Contact the church office at 612-870-4416.



Central Lutheran  
MINNEAPOLIS

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