



# HOLY COMMUNION

*Prayer and anointing for healing*

*Jesus heals on the sabbath*  
Sunday, August 25, 2019  
10:30 am Sung Eucharist

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*Exploring the promise of God for all*

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***In the city of Christ, a fountain flows with mercy for all people***

*Remember the sabbath day. Call the sabbath a delight. This is the Lord's day, and the Lord will do for us what the Lord does: feed us, forgive us, help and heal us. Rejoice at all the wonderful things God is doing.*

*The Holy Spirit  
gathers us in unity on the  
first day of the week.*

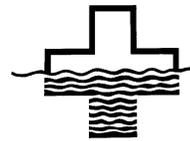
## GATHERING

### PRELUDE

*"Andante" from Sonatina in a minor, op. 137, No. 2*

*Franz Schubert*

*The carillon calls the assembly to worship. At the sound of the bell the assembly stands to face the worship leaders at the back of the church.*



### THANKSGIVING FOR BAPTISM

- P** We bless you, almighty God, for the gift of water —  
for the oceans, for the rivers,  
for Mississippi and Missouri, for Minnehaha and Bde Maka Ska, and...  
for Superior and Saint Croix that you provide for our community.
- AI** **We bless you, O God, for the waters of the earth.**
- P** We honor you, merciful God, for showering us with water —  
for the rain that nourishes the plants and trees.
- AI** **We honor you, O God, for the waters you send.**
- P** We glorify you, gracious God, for the waters of baptism —  
For the water of the Jordan that washed our Lord Jesus,  
for the water that bathes the church universal.
- AI** **We glorify you, O God, for the waters of baptism.**
- P** We worship you, O God, Father, † Son, and Holy Spirit,  
Well of forgiveness, you revive us,  
Cup of cold water, you refresh us.  
Pool of rebirth, you renew us.
- AI** **To you comes the worship of all your people, now and forever. Amen.**

**PROCESSIONAL HYMN**

“Praise, Praise! You Are My Rock”

stanza 1 – all; 2 – higher voices; 3 – all;  
4 – lower voice; 5 – all



1. Praise, praise! You are my rock. The wind, the waves are high. —  
 2. Praise, praise! You are my rock. My des - ert sand is dry. —  
 3. Praise, praise! You are my rock. You calm the fear and pain. —  
 4. Praise, praise! You are my rock. You host the ta - ble set. —  
 5. Praise, praise! You are my rock. The Eas - ter grave is sealed;



You hold me when the waves are strong. You hold me lest  
 You break the rock, a riv - er flows. You hear me when  
 One word of faith and I am well, I rise to praise  
 We break the bread, we drink the cup; we know whom we  
 you roll the stone, you God, a - lone, then sin and death



I die, I die.  
 I cry, I cry.  
 and walk a - gain. Praise, praise! You are my rock.  
 have met, have met.  
 are healed, are healed.

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 Music: Kivien ylistys, Mark Sedio © 2019

**GREETING AND PRAYER OF THE DAY**

**P** The grace of our Lord Jesus Christ, the love of God,  
 and the communion of the Holy Spirit be with you all.

**Al** And also with you.

**P** Let us pray.

O God, mighty and immortal,  
 you know that as fragile creatures surrounded by great dangers,  
 we cannot by ourselves stand upright.

Give us strength of mind and body,  
 so that even when we suffer because of human sin,  
 we may rise victorious through your Son,  
 Jesus Christ, our Savior and Lord.

**Al** Amen.

*The presider continues with words of welcome.*



*God speaks to us in  
 scripture reading,  
 preaching, and song.*

*The Lord promises those who have  
 returned from exile that where there is  
 justice and mercy the ruins will be rebuilt  
 and light will rise in the darkness.*

**WORD**

**CHILDREN’S WORD**

*Children are invited to come forward; parents are welcome to come with their children.*

**FIRST READING**

*Do not trample on the sabbath*

Isaiah 58:9b-14

If you remove the yoke from among you,  
 the pointing of the finger, the speaking of evil,  
<sup>10</sup> if you offer your food to the hungry and satisfy the needs of the afflicted,  
 then your light shall rise in the darkness and your gloom be like the noonday.

- <sup>11</sup> The LORD will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong; and you shall be like a watered garden,  
like a spring of water, whose waters never fail.
- <sup>12</sup> Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.
- <sup>13</sup> If you refrain from trampling the sabbath,  
from pursuing your own interests on my holy day;  
if you call the sabbath a delight  
and the holy day of the LORD honorable;  
if you honor it, not going your own ways,  
serving your own interests, or pursuing your own affairs;
- <sup>14</sup> then you shall take delight in the LORD,  
and I will make you ride upon the heights of the earth;  
I will feed you with the heritage of your ancestor Jacob,  
for the mouth of the LORD has spoken.

Word of God, word of life.

**AD** Thanks be to God.

*The writer to the Hebrews presents a  
Striking vision of the eternal dwelling  
Place and the one who welcomes the  
Righteous. There is no fear, only  
Forgiveness through Christ's blood.*

**SECOND READING** *Coming to the city of the living God* Hebrews 12:18–29

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, <sup>19</sup>and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. <sup>20</sup> (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death.") <sup>21</sup> Indeed, so terrifying was the sight that Moses said, "I tremble with fear." <sup>22</sup> But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, <sup>23</sup> and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, <sup>24</sup> and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

<sup>25</sup> See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! <sup>26</sup> At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." <sup>27</sup> This phrase, "Yet once more," indicates the removal of what is shaken — that is, created things — so that what cannot be shaken may remain. <sup>28</sup> Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; <sup>29</sup> for indeed our God is a consuming fire.

Word of God, word of life.

**AD** Thanks be to God.

**GOSPEL ACCLAMATION**

*The assembly sings and welcomes the gospel, singing:*

Al - le - lu - ia. Lord, to whom shall we go?

You have the words of e - ter - nal life. Al - le - lu - ia.



*Jesus heals a woman on the Sabbath,  
offering her a new beginning for her life.*

*When religious leaders are angered  
because Jesus did work on the Sabbath,  
Jesus insists that new creation is not  
constrained by a legalistic reading of an  
ancient calendar.*

## GOSPEL

*Jesus heals on the sabbath*

Luke 13:10–17

**P** The holy gospel according to Luke.

**AI** **Glory to you, O Lord.**

[Jesus] was teaching in one of the synagogues on the sabbath. <sup>11</sup> And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. <sup>12</sup> When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." <sup>13</sup> When he laid his hands on her, immediately she stood up straight and began praising God. <sup>14</sup> But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." <sup>15</sup> But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? <sup>16</sup> And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" <sup>17</sup> When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The gospel of the Lord.

**AI** **Praise to you, O Christ.**

## SERMON

*silence for reflection follows the sermon*

## HYMN OF THE DAY

"O Master, Let Me Walk with You"

*(hymn) 818*

*stanzas 2 & 3 in harmony*

## APOSTLES' CREED

**A** Let us proclaim the faith that we share.

**AI** **I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body,  
and the life everlasting. Amen.**

## PRAYERS OF INTERCESSION

*Each petition concludes:*

*...hear us, O God;*

**AI** **your mercy is great.**



**Lord's Prayer (1975)**

**A** Our Father in heaven,  
hallowed be your name, your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and forever. Amen.

**Breaking of the Bread and Invitation to Communion**

**Communion**

"Lamb of God"

(ELW front) p. 154

Lamb of God, you take a-way the sin of the world; have mer-cy on  
us. Lamb of God, you take a-way the sin of the world; have  
mer-cy on us. Lamb of God, you take a-way the  
sin of the world; grant us peace, grant us peace.

"Meditation in D"

Nigel Hess

*silence for reflection concludes the Communion*

**Prayer after Communion**

**A** Let us pray.  
Gracious provider,  
you nourish us with holy food and drink,  
and you open us up to the needs of others.  
Refresh us with your Spirit,  
that our words and deeds may proclaim  
your creative and life-giving Word,  
Jesus Christ our Lord.  
**A** Amen.

*God blesses us  
and sends us in mission to  
the world.*

**SENDING**

**BLESSING**

**P** God almighty, God most powerful,  
bless you, keep you, and grant you peace;  
in the name of the Father, † Son, and Holy Spirit,  
bless you now and forever.

**A** Amen.

## SENDING HYMN

“Lord, Dismiss Us with Your Blessing”

(hymn) 545  
stanza 2 in harmony

## DISMISSAL

*Please face the processional cross for the dismissal.*

**A** Go in peace. Love and serve the Lord.

**All** **Thanks be to God.**

*The carillon sends the assembly into mission.*

## POSTLUDE

Präludium in F

Fanny Mendelssohn Hensel

*Prayer and anointing for healing are offered this weekend following all services.*

*Meet a prayer minister in the prayer corner at the back of the sanctuary following the postlude.*

*Following worship join us for the church picnic.*

*Brief sanctuary tours will be offered after this service. Meet a docent at the pulpit.*

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## SERVING TODAY

Pastor D. Foy Christopherson

*presiding*

Pastor Peter Nycklemoe

*preaching*

Jack Friesen

*assisting minister*

Lois Wolff, Julia Stensaas

*readers*

Rick Johnston

*crucifer*

Deacon Mark Sedio

*cantor/organist*

Jane Lien

*associate cantor*

Ian Snyder

*violin*

Eve Overby, Ann Oyen

*healing prayers*

Pastor Stephanie Friesen,

Pastor Melissa Pohlman

*communion ministers*

Mark Kieffer, Marc Wilson

*sound operators*

Sue & Tom Jorgensen

*lead ushers for August*

Judith Hedman

*docent*

Audrey Grote, Jameisha Exum,

Roy Gwynn, Elvis Baker,

Laurel & Paul Stewart, Lee Vinson,

Samina Welijan, Sabiha Welijan,

Bill Hansen, Ben Berg

Wes Huntington

*hosts & greeters*

**Chancel flowers this weekend** are given by Judy Korogi in loving memory of her husband, Gerald. If you wish to donate flowers, contact Judy Korogi 10 days in advance at 612-788-1288.

*This service is being streamed live on the internet at [www.centralmpls.org](http://www.centralmpls.org).*



Large print service folders,

assisted listening devices, and access seating are available to aid your participation in worship.

Please inquire with an usher.





## WELCOME TO CENTRAL

### **You are welcome. No exceptions.**

Central Lutheran Church experiences God's expansive love and strives to share it abundantly. We affirm all people without regard to age, race, biological sex, housing status, ethnicity, sexual orientation, immigration, refugee or migration status, gender identity or expression, socioeconomic status, and physical or mental health or ability. All are a part of God's family, created in God's image. • We strive to practice radical hospitality with all people. Everyone is invited to immerse themselves in the life of this community of faith as we explore the promise of God for all. • Central Lutheran is a Reconciling in Christ congregation.

**Guests are welcome.** We are pleased you are worshiping with us today. We invite guests to complete the "Welcome to Central" card found in the pew racks and leave it with an usher or place it in the offering plate. If you would like more information about Central, please contact us at 612-870-4416, or email [info@centralmpls.org](mailto:info@centralmpls.org).

**Children are welcome** at all services. Worship bulletins for children and activity bags are available at Sanctuary entrances. The nursery may be found near the welcome desk. Nursery staff are provided on Sunday mornings.

**Welcome to the Lord's Table.** All who come seeking Jesus are welcome at the Lord's Table. Please follow the guidance of the ushers and instructions in the order of service. During communion, ministers will bring bread and wine to persons in designated access seating areas. If you are not in a designated access seating area and desire to commune where you are seated, please notify an usher who will direct communion ministers to come and serve you. Communion may be received in one kind (only bread or only wine) from any station if wheat bread or alcohol presents a health concern. Gluten-free breads and alcohol-free wine are available by request at most liturgies from most communion stations.

**Welcome to the Holy Baptism.** All who come seeking Jesus are welcome to receive Holy Baptism. Please visit with any worship leader, staff member, hospitality volunteer, contact the church office, or complete an information card, indicating that you wish to be baptized. A pastor will contact you.

### **Friends of Central...Stay connected**

Across the country and beyond there are many people who have a soft spot in their heart for Central Lutheran Church – people who feel a connection both to the history and the ongoing mission of this congregation. If you're one of them, we invite you to join our network of Friends of Central. Pick up a brochure or visit our website for more information or to join.

**Electronic Giving Opportunities:** Online at [www.centralmpls.org](http://www.centralmpls.org) click on **Give Today**; or text 73256, enter code word *centralmpls* (lower case), and a numerical amount. Press send and fill in the details. All contributions from members and guests will appear in a contribution statement. WIFI is available as *Central Lutheran* (password *guestclc*). If you give electronically, use the green pew card to drop in the offering plate instead of an envelope. The ministries and mission of Central Lutheran are supported by givers like you. Questions? Contact the church office at 612-870-4416.



**Evangelical Lutheran  
Church in America**  
God's work. Our hands.



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